



What would we do if we HAD to get the jab

1. BEFORE - Start taking [Nano Soma liquid spray](#) for a week before you get the shot. 5 sprays in your mouth, 4 times a day. Continue that for the week of getting the shot as well.
2. IMMEDIATELY AFTER - Take a drop or two of high-quality [Oregano Oil](#) and rub it on the injection site right after the jab. Leave it on for a few minutes.
3. Then place a [High-Grade Magnet](#) over it with a Band-Aid over it and leave it on until you go to sleep that day.
4. Then place a Urine-Soaked Cotton Ball (your own urine) and leave it on for 24 hours (tape it on). [Click here for info on Urinotherapy](#).
5. ANYTIME AFTER - start a Heavy Metal Detox. See two options below.

[Folium pX](#)

[Global Healing Heavy Metal Detox](#)

The purpose in providing this information is to suggest alternatives that may be of benefit for balancing health and wellness. Please approach these ideas critically and with discernment.

Consult with your physician or other healthcare professional before starting this or any other health-supporting program.

The above statements have not been evaluated by the Food and Drug Administration. The products referenced are for educational purposes and are not intended to diagnose, treat, cure or prevent any disease.