



Advanced Recovery and Wellness Program

offered by Global Healing in conjunction with Online Healing Center

This program is specifically designed and recommended to support homeostasis by rapidly detoxing and repairing the body. It helps to reactivate the body's self-healing mechanism. It also helps with DNA repair, nanobot deactivation, biological and man-made synthetic parasite removal, acts as a poison antidote and as a protectant from harmful EMFs and 5G. This Program should be done daily for the first 18 days and then 1x weekly for maintenance.

■ **Urotherapy:** A 5000-year-old solution for potentially all harmful conditions and detox. Before you think this may be crazy or even gross, you must spend a few hours reading this book. "Your Own Perfect Medicine" by Martha Christie: <https://urotherapyresearch.com/wp-content/uploads/2021/10/pdf/your-own-perfect-medicine-martha-christy.pdf> - This book may have answers to blood clotting, infection, or damage from a disease, poison, harmful bioweapon or toxin.

Your body produces antibodies and antidotes to all invading organisms and poisons and those natural substances come out through your urine. Your body knows what it needs to heal itself and what your body needs is contained in the golden nectar of your urine. This is one of the most guarded secrets of the dark forces at work. Its proponents believe that drinking your own urine can eradicate any health condition you may have, over time...

Directions for use: First-morning urine. Wait 3 seconds after starting urine flow and then catch about 3-6 ounces mid-stream. Drink straight or you can mix in fruit juice and drink. If this is too much for you to handle, start with putting 9-12 drops of your urine in your mouth, hold under the tongue for 1 minute, and then swallow. Slowly work your way up to drinking 1-3 ounces of mid-stream urine every time you urinate throughout the day.

Must Watch: Great Videos On Urotherapy:

<https://www.youtube.com/watch?v=ud5ajT0yns4&t=460>

https://www.youtube.com/watch?v=DA_KhQGIBDI&t=1948s

<https://www.youtube.com/watch?v=hjGXmvkUqaI>

NOTE: If you are going to have bloodwork or urinalysis performed, please discontinue urotherapy 2 days prior as it may throw off your results.

■ Organic Nascent Iodine (Detoxadine):

Take 1 dropperful 2x daily- in the morning and afternoon.

<https://go.globalhealingcenter.com/c/3012576/528199/5534>

■ **Ivermectin: Gel:** Consider using the Durvet horse gel: squeeze out ¼ inch and take 2x daily with food for the first 9 days, then 1-2x weekly for maintenance. You can order this on amazon. Herxing, or detox reaction is a very real situation, some people may need to begin slower such as 1/2 ivermectin portion 1x/daily or every other day. Gradually build up. Listen to your body. Herxing is not a great feeling and some get better faster than others. People must be ready for this especially if they are very sick!

Ivermectin Tablet: Take one 12mg tablet daily. Only if you are not using the gel above.

IVERMECTIN BY AGE: Always take with food.

Ages 11-67 – Use normal portions above.

5-10 years - 68+ - those who are very sick – 1/8 inch 1x/day.

See how you feel. If you feel good after a week, do 1/8 inch both morning and night. Go up from there each week. Cut the portion down if at any time the herxing becomes horrible. Stay where you are for a while longer. Listen to your body.

Nobody knows your body like you do. Listen to it!

■ Fenbendazole: FenBen Powder: Take 4 days on and 3 days off. 2 scoops (scoop included in order) – one scoop in AM and one in the PM. Take the Fenben Powder with avocado, organic almond butter, or right after a meal that contains healthy fats. FenBen Powder contains no additives and needs healthy fats for the best absorption.

INGREDIENTS PER SCOOP: approx. 222mg Fenbendazole

SCOOPS PER BOTTLE: 225

https://fenbenlab.com/product/fenbendazole-powder/?wpam_id=15

■ Supercharged C60 or C60 (Carbon Nano Onions): <https://go.globalhealingcenter.com/c/3012576/1035080/5534>

Take 2 capsules, 2x daily for the first 18 days, then 1 day weekly.

<https://grafexsuperc60.com/>

■ Plant-Based Quercetin Phytosome:

<https://go.globalhealingcenter.com/c/3012576/899035/5534>

Take 250mg 2x daily

■ The Ultimate Probiotic: go.globalhealingcenter.com/5bRV5o

Take three capsules, two times daily.

■ Paratrex: go.globalhealingcenter.com/DV5XEq

Take three capsules, two times daily.

■ Organic Plant Based Zinc:

<https://go.globalhealingcenter.com/c/3012576/791981/5534>

Take 1 dropperful in the morning with food and 1 dropperful in the afternoon with food

■ Vitamin D3: Take 5000 IU 2x daily

<https://go.globalhealingcenter.com/c/3012576/528229/5534>

■ CDS / MMS (Chlorine Dioxide): Take as recommended online or as instructed on the label. For more information visit: <https://andreaskalcker.com/en/> Andreas Kalcker Telegram thread with CDS/ MMS protocols:

<https://t.me/AndreasKalckerProtocols>

And join <https://t.me/theuniversalantidote> for more information.

■ Methylene Blue: Take 5 mg 2x daily. Order on Amazon.

Distilled Water: You must drink ¾ to 1 gallon of Distilled water each day when you are doing this program. Distilled water will leach and bind the inorganic or harmful toxins and poisons from your body. It will not leach organic minerals from your body. What we have been told about distilled water being bad for you is a deception and lie. Learn why distilled water should be the only water you drink. <https://globalhealing.com/pages/distilledwaterbenefits>

The purpose in providing this information is to suggest alternatives that may be of benefit for balancing health and wellness. Please approach these ideas critically and with discernment.

Consult with your physician or other healthcare professional before starting this or any other health-supporting program. The above statements have not been evaluated by the Food and Drug Administration. The products referenced are for educational purposes and are not intended to diagnose, treat, cure or prevent any disease.