



Dr. Group's Advanced Recovery, Detoxification, and Wellness Program

Offered by Global Healing in conjunction with Online Healing Center

This program is specifically designed and recommended to support homeostasis by detoxing and repairing the body. It helps to reactivate the body's self-healing mechanism. It also helps with (1) DNA repair, (2) nanobot deactivation, (3) biological and man-made synthetic parasite removal, (4) works as a poison antidote, (5) protector against harmful EMFs and 5G, (6) helps with fear and emotional stability, (7) helps cleanse and heal the gut, liver, chemicals, and metals. Instructions: Follow the program below for 12 days. After 12 days, stay on the Urotherapy daily and do a liver cleanse once every three months. For the remaining supplements, take all listed below 2x weekly with two days in between (ex., Mondays and Thursdays) for maintenance.

■ **Urotherapy:** A 5000-year-old solution for potentially all harmful conditions and detox. Before you think this may be crazy or even gross, you must spend a few hours reading this book. "Your Own Perfect Medicine" by Martha Christie: <https://urotherapyresearch.com/wp-content/uploads/2021/10/pdf/your-own-perfect-medicine-martha-christy.pdf> - This book may have answers to blood clotting, infection or damage from a disease, poison, harmful bioweapon, or toxin.

[Your Own Perfect Medicine \(urotherapyresearch.com\)](https://urotherapyresearch.com)

Your body produces antibodies and antidotes to all invading organisms and poisons and those natural substances come out through your urine. Your body knows what it needs to heal itself and what your body needs is contained in the golden nectar of your urine. This is one of the most guarded secrets of the dark forces at work. Its proponents believe that drinking your own urine can eradicate any health condition you may have, over time.

Directions for use: First morning urine. Wait 3 seconds after starting urine flow and then catch about 3-6 ounces mid-stream. Drink straight or you can mix in fruit juice and drink. If this is too much for you to handle, start with putting 9-12 drops of your urine in your mouth, hold under the tongue for 1 minute and then swallow. Slowly work your way up to drinking 1-3 ounces of mid-stream urine every time you urinate throughout the day.

Must Watch: Great Videos On Urotherapy:

<https://www.youtube.com/watch?v=ud5ajT0yns4&t=460>

https://www.youtube.com/watch?v=DA_KhQGIBDI&t=1948s

NOTE: If you are going to have bloodwork or urinalysis performed, please discontinue urotherapy 2 days prior as it may throw off your results.

■ **Organic Nascent Iodine (Detoxadine):** Take 1 dropperful 2x daily- in morning and afternoon.

<https://go.globalhealingcenter.com/c/3012576/528199/5534>

■ **Organic 2-Day Liver Cleanse:** Perform 3 liver cleanses: Do one, take a week off, then #2, take a week off, then #3.

Day 1 > Start with 1 gallon of distilled water. Pour out 6 ounces to create space to add the following additional products: Mix 4 ounces of Liver Health (2 bottles) and the juice of 3 organic lemons in the gallon of distilled water. Drink half of the gallon on day 1.

> Take 4 capsules of Ultimate Enzymes at 9 am, 1 pm, and 4 pm (12 total)

> Take 6 Oxy-Powder before bed. Day 2

Finish the second half gallon of the liver cleanse mix by 4 pm at the latest. > Take 4 capsules of enzymes at 9 am, 1 pm and 4 pm (12 total)

Have your last meal by 6 pm. > 9 pm: Drink 4 ounces of organic olive oil or Organic Avocado Oil. Mixing fresh organic lemon or lime juice will help with the taste. > Lay down immediately in bed in a fetal position laying on your right side with your knees pulled up for 30 minutes. After 30 min you can move around then go to bed. Go to sleep.

(Day 3) Morning. Upon waking, take 6 oxy powder capsules.

■ **Oxy-Powder (Tesla's Gut Health Product):** Take 4-6 capsules at night before bed every day for the first 6 days, then reduce to every other day or every third day to keep your intestines clean. Your stools may be soft, or liquid - this is normal and will not cause dehydration or an electrolyte deficiency. This is an oxygen based gut health cleansing product that uses oxygen to dissolve and melt away toxic compacted fecal matter. Please read more about Oxy-Powder and read the reviews at: <https://go.globalhealingcenter.com/c/3012576/528221/5534>

■ **Supercharged C60 or C60 (Carbon Nano Onions):** <https://go.globalhealingcenter.com/c/3012576/1035080/5534>

Take 2 capsules, 2x daily for the first 18 days, then 1 day weekly.

<https://grafexsuperc60.com/>

■ **Ultimate Cellular Health:** Take 2 capsules daily before noon with or without food. Ultimate Cellular Health is an advanced, high-performance formula that protects your health at the cellular level. It's an all-in-one formula that supports NAD production, protects DNA and telomeres, and contains powerful mitochondrial recovery ingredients. This remarkable blend encapsulates a harmonious symphony of bioactive compounds containing Quercetin Phytosome, Immunell™ Nucleotides (Proprietary Nucleotide Blend [Min. 50% mixed 5'-Ribonucleotides; Guanosine-5'-monophosphoric acid (GMP), Adenosine-5'-monophosphoric acid (AMP), Uridine-5'-monophosphoric acid (UMP), Cytidine-5'-monophosphoric acid (CMP)) Spermidine 3HCl, Transresveratrol, NADH (PANMOL®-NADH), Fisetin, NAD+, Pyridoxal 5' phosphate (P5P), BioPQQ, Cuprous Nicotinic Acid and ORMUS minerals.

This is the ultimate anti-aging and regeneration formulation. Read more about Ultimate Cellular health at:

<https://go.globalhealingcenter.com/c/3012576/528195/5534>

■ **MicroSomal™ Foreign Protein Cleanse:** Take 1 dropperful 2x daily. The world's most exquisite, potent, and rapid delivery MicroSomal™ Foreign Protein Cleanse. This remarkable blend encapsulates a harmonious symphony of bioactive and MicroSomal™ compounds containing Organic Glycerin, Triple Distilled Biophotonic water, Organic Lemon Balm (Melissa), Mucuna seed extract 15% L dopa, Organic Licorice root (glycyrrhizin), Wildcrafted Lobelia (Indian Tobacco), Organic Cassia cinnamon, Wildcrafted Wormwood-sesquiterpene lactones, Organic Aromatic Turmerone oil, SuperCharged C60, Citicoline (also known as CDP-Choline), Liquid NanoGold Concentrate and cuprous nicotinic acid, carefully formulated to elevate overall well-being, unleash foreign protein debris (Bioweapon Particles), facilitate optimal recovery, and sharpen immune prowess.. <https://go.globalhealingcenter.com/c/3012576/1813373/5534>

■ **Ultimate Enzymes (Digestive and Systemic Enzymes):** Take 3 capsules daily before lunch or dinner. Helps prevent abnormal clotting and fibrin buildup. <https://go.globalhealingcenter.com/c/3012576/1813370/5534>

■ **Organic Freeze Dried Sprouted Supergreens (Living Nutrients, Prebiotics, and Fiber):** Take 1 tablespoon mid-morning and 1 tablespoon mid-afternoon. Contains natural Boron and Molybdenum
<https://go.globalhealingcenter.com/c/3012576/1650889/5534>

■ **Plant-Based Quercetin Phytosome:** Take 250mg 2x daily.
<https://go.globalhealingcenter.com/c/3012576/899035/5534>

■ **The Ultimate Probiotic:** Take three capsules, two times daily.
<https://go.globalhealingcenter.com/c/3012576/528201/5534>

■ **Paratrex:** Take three capsules, two times daily. Paratrex is a unique formula designed to help create an environment that's hostile to invading organisms while promoting a natural cleansing of your body. It's made with a blend of herbs and other all-natural ingredients, and it's enhanced with fulvic acid to promote absorption. If unwanted, internal guests are affecting your health, Paratrex can help bring it all back in balance.
<https://go.globalhealingcenter.com/c/3012576/528222/5534>

■ **Candida / Yeast Balance:** Take 3 capsules 2x daily. Meticulously crafted formula containing Rock Rose, Pau D'Arco, Organic Licorice, Organic Anise Seed, Beta-Glucanase, Hemicellulase, and BreviBacillus Laterosporus all tailored to restore harmony to the delicate balance of yeast and fungal organisms within the body.
<https://go.globalhealingcenter.com/c/3012576/1813389/5534>

■ **Organic Plant Based Zinc:** <https://go.globalhealingcenter.com/c/3012576/791981/5534> Take 1 dropperful in the morning with food and 1 dropperful in the afternoon with food.

■ **Vitamin D3:** Take 5000 IU 2x daily: <https://go.globalhealingcenter.com/c/3012576/1728854/5534>

■ **Organic Selenium:** Take 1 capsule 2x daily <https://go.globalhealingcenter.com/y2QnZy>

■ **Heavy Metal and Chemical Binder:** Take 2 dropperfuls 2x daily.

<https://go.globalhealingcenter.com/c/3012576/528196/5534>

■ **MicroSomal™ Calcium Di-Sodium EDTA:** Take 2 dropperfuls midmorning and 2 dropperfuls midafternoon, best if taken on an empty stomach. [https:// thedrardisshow.com/ardislabs-edta-60-count/](https://thedrardisshow.com/ardislabs-edta-60-count/)

■ **Boron:** Take 1 capsule in the mid-morning and 1 capsule in the mid-afternoon.

https://www.amazon.com/gp/product/B08ZC226V3/ref=ppx_yo_dt_b_search_asin_title?ie=UTF8&th=1

■ **Distilled Water:** You must drink $\frac{3}{4}$ to 1 gallon of Distilled room temperature water each day when you are doing this program. Distilled water will leach and bind the inorganic or harmful toxins and poisons from your body. It will not leach organic minerals from your body. What we have been told about distilled water being bad for you is a deception and lie. Learn why distilled water should be the only water you drink. After 18 days, it is recommended to drink distilled water 80% of the time. If you would like to add organic minerals, squeeze $\frac{1}{2}$ -1 organic lemon in water.

<https://go.globalhealingcenter.com/m5VDnZ>

The purpose in providing this information is to suggest alternatives that may be of benefit for balancing health and wellness. Please approach these ideas critically and with discernment.

Consult with your physician or other healthcare professional before starting this or any other health-supporting program. The above statements have not been evaluated by the Food and Drug Administration. The products referenced are for educational purposes and are not intended to diagnose, treat, cure or prevent any disease.

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